SUMMER AT ST. JOHN'S

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Pentecost, the Holy Spirit, and Ubuntu: the Move from “I” to “We”

In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams...

Acts 2:17-18

Beloved people of St. John’s,

On June 9th, we celebrate Pentecost, which was when the Holy Spirit descended upon a small crowd of frightened disciples in an upper room in Jerusalem, fifty days after Easter, and gave them power to declare with new language what God had done for them. Somehow in this process, the disciples were transformed from being afraid, grieving, and lost, to being able to see and live fully into God’s mission in Christ for the world. They shared everything they had; they had no fear; they were able to speak truth to power, heal the sick, and raise the dead. They became the communal body of Christ in the world. This was not through their own best efforts or imagination: this came through the power of the Holy Spirit.

In our culture, it’s common to understand the Holy Spirit as the voice of God within the individual—intuition, or even just the creative energy of the universe (think “the Force” from Star Wars). But in our Scriptures, the Holy Spirit also guides and empowers groups of people as a public presence. Why is this? Because people are made in the image of God who is Triune: even God is a community!

I was speaking with the much-beloved former St. John’s Associate Priest Craig Lemming this week about the Nguni African concept of ubuntu, which was the basis of Archbishop Desmond Tutu’s work on restorative justice in South Africa. Ubuntu means that a person is only a person because of his or her relationship with other people. In other words, community not only gives us meaning and protection; it also gives us our very being as persons. Truly, ubuntu means “I am because we are.” Far from being an African concept only, this is the essence of what it means to be a follower of the Way of Jesus in the image of the triune God, empowered by the Holy Spirit: it is the move from the “I” of western culture to the “we” of communities empowered by the Holy Spirit to engage God’s mission of Beloved Community in the world. I am related to all other human beings; indeed, I am part of them and they are part of me.

At St. John’s, this has direct implications for how we understand our identity and purpose. The Holy Spirit truly is moving among us; each one of us is valuable and an inseparable part of what God is up to through us. We are not separated from one another: we are part of one another, and we can experience unity amid the diversity of our experiences, stories, ages, and everything else that seems to make us “different” from one another.

Over time, we will seek to discern and follow the movement of God’s Spirit among us. For now, let’s remind ourselves and one another that “I am because we are.” Our personhood derives from relationship with God and one another. How does that change the ways we interact here, at home, at work, and with the world God so loves?

Faithfully,

Lisa

Summer Schedule
Now through September 1

8:00am Eucharist in the Chapel

10:00am Eucharist w/music in the Sanctuary

11:00am Coffee Hour in the Parish Hall

Faithfully,

Lisa
2nd Annual Ice Cream Tour!

Last Summer, Shane led the first ever Twin Cities Ice Cream Tour. While he’s out on paternity leave this summer, several families have gladly stepped up to host different nights for the St. John’s community to gather for sweet treats and sweeter time together. **This was a HUGE hit for all ages, and everyone is welcome to attend any night!**

![Ice Cream Tour Image]

**Pumphouse Creamery – 4754 Chicago Ave S, Minneapolis**  
*Thursday, June 6, 7:00pm*  
Hosts: Shane Sanders Marcus & Family

**Sebastian Joe’s, Linden Hills – 4321 S. Upton Ave, Minneapolis**  
*Thursday, June 13, 7:00pm*  
Hosts: Rachel Gagliardi & Family

**LaLa Creamery – 3146 Hennepin Ave, Minneapolis**  
*Thursday, June 27, 7:00pm*  
Hosts: Shanti Mittra & Family

**Sonny’s Cafe – 3403 Lyndale Avenue South**  
*Thursday, July 11, 7:00pm*  
Hosts: Sonia Toomey & Family

**Sweet Science – 705 3rd Street E, St Paul**  
*Thursday, July 25, 7:00pm*  
Hosts: Michael Morrow & Kate McKinnon
Book Discussion: Inspired

Summer Book Discussion with the Rector
Sundays, June 2nd - July 28th (not 6/23), 9:00am in the Chapel

Beloved people of St. John’s, this summer I will facilitate a weekly conversation about Rachel Held Evans’ book *Inspired: Slaying Giants, Walking on Water, and Loving the Bible Again*. Each week for eight weeks, we will discuss one chapter of the book—exploring how the stories of the Bible intersect with our own. Although we have sold out of the ones we had here, feel free to purchase your own elsewhere. Rachel Held Evans passed away last month at the age of 37, and was a feisty poetic voice for reclaiming the power of the way of Jesus in the midst of ambiguity, doubt, and the desire to live into God’s radical and unconditional love in Christ. Rachel says this in *Inspired*:

“Jesus invites us into a story that is bigger than ourselves, bigger than our culture, bigger even than our imaginations, and yet we get to tell that story with the scandalous particularity of our particular moment and place in time. We are storytelling creatures because we are fashioned in the image of a storytelling God.”

I hope many of you will join me! Please note that this discussion will occur weekly from June 2 - July 28, omitting June 23. At our final session on July 28, we will be joined by the Rev. Marcus Halley, Missioner for Evangelism in the Episcopal Church in Minnesota, whose passion is the intersection of evangelism and social justice and who says that “unless the Good News is for everyone, it isn’t Good News at all.”

Lisa

Replenishing Father Gear Acts 2 Fund

Beloved people of St. John’s, some of you know that we have funds at St John’s dedicated to provide limited financial help to parishioners in need. This fund is named after Father Croft Gear, who was the Rector at St John’s from 1924-1949. That fund has been depleted, and so on Pentecost Sunday, June 9, we will pass an “extra” basket asking anyone who feels moved to contribute to this account. This accords with the values of the early church as described in Acts 2:44-45: “All who believed were together and had all things in common...they would...distribute to all, as any had need.” I remain grateful for all the people of St. John’s who generously share with one another!

Lisa
Special Sundays

The Day of Pentecost  
Sunday, June 9th, 8:00 & 10:00am services  
Eastertide concludes with the Day of Pentecost. On Pentecost, we hear the story of the descent of the Holy Spirit upon the disciples. Don’t forget to wear RED; it’s the color of the Holy Spirit!

Guest Preacher: The Rev. Anna Ostenso Moore  
Sunday, June 23rd, 8:00 & 10:00am services  
Anna V. Ostenso Moore spent years reading a picture book in worship every Sunday, wondering where God was within the words and images. She is the author of the picture book Today is Baptism Day and associate for family ministries at St. Mark's Episcopal Cathedral, Minneapolis. Wife, priest, daughter, sister, aunt, godparent, friend, and expectant adoptive mother, she lives in Linden Hills with her husband, David. She will preach and preside at both services while Lisa is away on vacation.

St. John the Baptist Feast Day Service and Potluck  
Sunday, June 30th, following the 10:00am service  
We don't have to eat locusts and honey and bugs like St. John the Baptist did! Please help us celebrate our patronal feast. Bring fruit and breakfast items. We'll supply the coffee and juice. Contact Mary Corlett for suggestions/sign up. Join in this annual community celebration!

Guest Preacher: The Rev. Marcus Halley  
Sunday, July 28th, 8:00 & 10:00am services  
The Rev. Marcus G. Halley is the Rector of Saint Paul's Church on Lake of the Isles and Missioner for Evangelism for the Episcopal Church in Minnesota. His vocational passion lies at the intersection of Evangelism and Justice, believing deeply that the Good News is either Good News for everyone, especially those on the margins, or it is not Good News at all. He will preach at both services and join the book discussion of Inspired by Rachel Held Evans at 9:00am.

Summer Service and Picnic at Lake Harriet Bandshell  
Sunday, August 4th, 10:00am  
Once every summer, St John’s has its 10:00am service at Lake Harriet’s Bandshell, just a few blocks away on the northwest shore of Lake Harriet. This service includes preaching and music, and is a wonderful way to get to know our Linden Hills neighbors—especially many who never attend church, but who may be hungry for spiritual community and connection. Please plan to attend this service on Sunday, August 4th, and please bring picnic food and blankets — the St John’s community will stay after the service on the lawns surrounding the bandshell for a community picnic. St. John’s will provide drinks. Note: There will be no 10:00am service in the St. John’s building that day.
Local Outreach

**Affordable Housing Workday**
*Sat., June 8th & July 13th, 8:30am*
Interested in participating on an Affordable Housing Work Day but your schedule is too packed during the school year? This is your opportunity! We offer picnic lunch grilled on site, cold water and sodas, free on-the-job training, and a great opportunity to get dirty with your fellow parishioners. Best of all, your work means a family will have a stable, dignified, and affordable home for the coming school year. For more details and to sign up, please contact [John Corlett](mailto:).”

**Our Saviour’s Shelter Meal**
*Fri., June 14th: Meal Prep - 3:30pm, Deliver & serve - 5:45pm*
Even in the summer we cook and serve a wonderful meal at Our Saviour’s Shelter. Please take a moment to see if you might be able to help! Come to the church at 3:30pm, help prepare salad, meal, etc. (3-4 people) OR come to the church at 5:45pm, deliver and serve the food to the shelter (5-6 people). Please consider doing a shelter meal and helping us out. Thank you! If you have questions, please contact [Steve Schewe](mailto:).

**First Nations Kitchen**
*Sun., July 14th, 1:30pm*
Every Sunday, All Saints offers a free meal to the community. The church relies on volunteers to prepare the food, serve, and cleanup. We will have a sign up in the Gathering Space a few weeks prior to the weekend. For more information, contact [JoAnn Blatchley](mailto:). For more information about All Saints’ Indian Mission, check out their [website](http://).
2019 Youth Pilgrimage

Pilgrimage Potluck:
The Pilgrims and their parents have their final preparation meeting on **Sunday, June 2nd, from 11:30-1.** It is vitally important that all Pilgrims and at least one parent attend! Pizza will be provided, but please bring a side, drink, or dessert to share. Shane will be giving out the final information for the Pilgrimage, including:
- Travel Day Expectations (June 13 and 23)
- Flight Information
- Exact Pilgrimage Itinerary
- Phone Numbers and Information for all Hostels / Albergues
- Contact Information for Shane + all adults
- Pilgrimage Waiver
- Behavior Expectations
- Packing List

Pilgrim Blessing:
**Sunday, June 9th,** is Pentecost Sunday, the birthday of the church where we celebrate the coming of the Holy Spirit. During the service, Lisa will offer a blessing and prayers for all of our Pilgrims, who will be leaving for Spain on June 13th. Come ready to lay hands on our young people in prayer and send them off with all the love we have for them!

Pilgrimage Prayers:
**Our Pilgrims leave for Spain on June 13th and return on the 23rd.** Our Pilgrims spend two years together deciding where they want to go, how to make decisions as a group, what covenant for behavior they want to keep with each other, and how to live as a community open to the spiritual life together. Please keep the group in prayer as we walk 9-15 miles a day: for our feet, our legs, our backs, our packs, our spirits, and our health! Pray especially for our Pilgrim Adults guiding and watching over the group: Michael Morrow, Mike Walters, Stacy Walters, & Stephanie Mendez. And if you want to follow along with the Pilgrims, watch the St. John’s Instagram and Facebook pages for daily updates!

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A huge **thank you** from all the St. John's Pilgrims to everyone who donated to, or came to shop at, the annual St. John's rummage sale. Despite the rain, we still raised more than $3,000 with our sale and the food sales!
June/July Music News

Open Mic Season Finale, 7pm
Friday, May 31st
Wrapping it’s Seventh HUGE Season – St. John’s Open Mic is your performance/presentation community opportunity taking place in the Parish Hall and running for one very special hour. A Mystery Guest will host this final 4th Friday Open Mic of the 2018-2019 Program Year. All are welcome – on either side of the microphone. Join the fun! Childcare can be provided with advance notice. For more info and to get on the program, contact Chad.

Soprano Aliese Hoesel, 10am
Sunday, June 9th
Internationally acclaimed clarinetist Alex Fiterstein, 10am
Sunday, June 30th
Clarinetist Shelagh MacLeod, 10am
Sunday, July 7th
Andy Vaaler, Wendy and Chad Smith, 10am
Sunday, July 21st

BIG Thanks & Gratitude in May goes to:
• Director Aliese Hoesel and St. John’s Youth Choir for their special musical contribution to our 11am service on Sunday, May 1st.
• St. John’s Children’s Choirs and Chime Choir for their special musical contributions to 9am and 11am Sunday services on May 12th and 19th.
• Musicians Oscar McFadden and Flynn Opatz for their wonderful music on Sunday, May 19th.
• Guest Musician Richard Long for his special musical contribution to our 10am Summer Sunday service on May 26th.
• Everyone who showed their support of our Open Mic Season Finale on Friday, May 31st!
• Carol Jarvis & Bonnie Staubus for their good work preparing the Wednesday Choir dinner on May 1st.
• Jane Gilgun, Joanie & Don Hawkinson, Mary Miller, and Jeanne Olsen for their good work preparing the Wednesday Choir dinner on May 8th.
• Lynnell Mickelsen & John Bellaimey for their good work preparing the Wednesday Choir dinner on May 15th.
• Wendy Smith, Aliese Hoesel, and Jodi & Allie Bosacker for their fine teaching & care-filled leadership of Wednesday evening Children’s, Chime choir, Youth choir and Children’s Activities.
• St. John’s 9am Service Ensemble and 11am Service Choir for their faithful service and music leadership every Sunday!
Q: In what ways do you share your musical gifts at St. John’s?
A: I’m in the Chime Choir.

Q: What music do you listen to?
A: I like to listen to a lot of music. My favourite so far is the musical, “Hamilton”.

Q: Do you have a favourite musical artist, song or compositions?
A: “The Election of 1800” from “Hamilton”.

Q: Is there any particular music or musician that has influenced you?
A: I like inspiring lyrics. My class just sang John Mayer’s “Waiting on the World to Change”.

Q: What musical endeavours do you pursue outside of St. John’s?
A: I sing at my school for creative arts. Also, we’re still trying to find all the pieces to my sister’s old drum set.

Q: If you could meet any musical person, past or present, who would it be?
A: Easy – Lin Manuel Miranda.

Q: What is something people might be surprised to know about you?
A: Favourite Sebastian Joe’s ice cream flavour is raspberry chocolate chip.
Guatemala Trip

Beginning in 2009, St. John’s began sending groups down to work with the Mission of San Lucas Toliman in the western highlands of Guatemala. Since then, over 100 different people have traveled there and worked in the tiny village of Nueva Providencia. On July 27, we will have an intergenerational group of 14 leaving to work for five days in the village and then have a couple of days to enjoy the beautiful geographic and cultural richness of the country. We will be working to complete the road around to the upper village and possibly some needed work on the school.

During the service on July 21st, Lisa will offer a blessing and send off. Please keep us in your prayers and know that we journey and work on your behalf.

This year’s participants:
Mary Corlett
John Corlett
Sally Cass
Yvonne Banks
Joseph Banks
Jenny Lindberg
John Erdmann
Diane Erdmann
James Meyerson
Emily Peterson
Heidi Sundet
Sarah Parker
Susan Tapp
Erica Seavey

Summer Schedule
Now through September 1
8:00am
Eucharist in the Chapel
10:00am
Eucharist w/music in the Sanctuary
11:00am
Coffee Hour in the Parish Hall
Children & Youth News

Children’s Chapel:
While Shane is out on Paternity Leave, Children’s Chapel will continue to happen every Sunday! Members of the 2019 Pilgrimage group will be leading Children’s Chapel, using the “Compassion” and “Creation Care” curriculums from Illustrated Children’s Ministry to tell a short bible story and have a coloring activity every week during the 10:00 service!

7th-8th Grade Youth Group:
The Youth Group will finish their year out after Memorial Day! They’ve been asking to have separate events all year, so we’re splitting up for our finale by gender expression. The boys are headed to Zero Gravity on June 1 for an afternoon of trampolines and laser tag. The girls will meet at St. John’s from 5-8 on June 2. Shane will give a preview of Pilgrimage to both groups before they leave, so make sure you check your e-mail and come to hear about what the group will be doing in the fall!

Youth Group Volunteers:
This year, we have had the MOST AMAZING set of youth group volunteers: John Wilhelm, Madeleine Manly, and Anna McGinn. They have shown up in huge ways for our 7th and 8th graders. More than just attending youth group twice a month, they have participated in crazy activities, driven all over the Twin Cities, and been a consistent presence for our teenagers. They have listened with care, handled difficult conversations with dignity, and poured so much love into each youth that attends youth group. They’ve planned youth group events, showed up at the sexuality and spirituality retreat ready to share their own stories and experiences, and even planned ice cream nights during the week just for the youth. It’s been especially wonderful to have them, and I’m super proud of each of them and what they have contributed… and I’m so sad to see them all go.

However, when you see them, be sure to congratulate them!
John is going to medical school at University of Central Florida, Madeleine to a PhD program in Anthropology at the University of Virginia, and Anna to law school at Notre Dame.

Paternity Leave
Shane and Clara are exceptionally grateful to Lisa and to the whole St. John’s community for their generous support of their family. After returning from Pilgrimage on the 23rd, Shane will be in the office for a couple of days to see Lisa and get pictures uploaded and take care of a few details. Then he will be taking the remainder of his paternity leave, returning to the office in early August.
ECMN Summer Activities for Youth

Part of the joy of being Episcopalian is that we can gather with people from different faith communities all over Minnesota for events larger and more varied than what we do just within our St. John’s Community. Check out these events from ECMN for children and youth over the summer! You can learn more about them here, or contact Shane for more information.

**Summer in the City | June 17-19 | St. Mark’s Cathedral**
SINC is a 3-day service immersion camp in downtown Minneapolis. Youth from 6th-8th grade build relationships with local charity and non-profit partners and act as Christ’s hands and feet in the city. Stacey Olson of St. Mark’s Cathedral leads this program.

**Episcopal Kids Go to Camp | June 19-22 | Camp Miller, Sturgeon Lake**
EKID is a 3-day introductory overnight camp for kids entering PreK-Grade 5. Each child comes with one adult guardian for an introduction to hiking, climbing, and waterfront activities to experience the joy of camp!

**Episcopal Youth Quest Camp | July 14-20 | Camp Miller, Sturgeon Lake**
EYQC is an outdoor adventure camp for all middle and high school students, with a leadership track for juniors and seniors who have attended QC before. St. John’s Member Maclain Everson-Rose has attended EYQC.

**Ma Wa Disi Daa | July 25-29 | Naytahwaush, MN**
Ma Wa Disi Daa means “visit” in Ojibwe. This visit is for 9th-12th grade students to build relationships with our Episcopal family in the White Earth and Cass Lake areas, helping with some projects and learning about each other through storytelling. Stacey Olson from St. Mark’s Cathedral leads this trip. St. John’s member Ruhi Patel has gone on a Ma Wa Disi Da.

**ECAD | Episcopal Creative Arts Day Camp | July 29 – Aug. 2 | St. Mark’s Cathedral**
ECAD is a weeklong day camp (9a-3p) to sing, dance, make art, tell stories, and experience God in our play. Campers are welcome from age 4 – Entering 6th grade, and middle and high school students help out in classrooms for the week! St. John’s Families that have attended ECAD: Toomey, Mendez, Tennesse-Jacobson, Moe, Weaver-Zoia, Gagliardi-Reineman.

**Episcopal Youth Music Camp | August 4-10 | Camp One Heartland, Willow River**
EYMC is for students from grades 3-12. Campers participate in band, orchestra, bells, theater, choir, and a musical production, as well as normal outdoor camp activities. St. John’s youth Johnna Keller and Carly Wiens-Heinsohn have attended EYMC.

**Episcopal Family Camp | August 18-22 | Covenant Pines, McGregor**
EFAM is a new summer camp offering for 2019! This will be a traditional, weeklong family camp geared towards fellowship and free time. Families can stay in individual rooms or cabins with a variety of outdoor activities each day.
Other Activities

**ALL ARE WELCOME!**

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**ALL SKEPTICS**

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**ALL SEXES**

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**ALL ORIENTATIONS**

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**ALL COLORS**

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**ALL SIZES**

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**ALL AGES**

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**ALL CULTURES**

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**ALL INDIVIDUALS**

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**SAINT MARK’S EPISCOPAL CATHEDRAL**

OURCATHEDRAL.ORG

facebook.com/SaintMarksEpiscopalCathedral

instagram.com/stmarksmpls/

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The 2019 Ashley Rukes GLBT Pride Parade
**Sunday, June 23rd at 11:00am**

We’d like to encourage anyone who wants to take part in the parade to do so; a bus (or buses, we hope!) will be leaving from the Cathedral for the parade queue at 9:30 Sunday morning. (There’s a signup sheet for the bus on the St. Mark’s website; we encourage early signup so we can plan the buses.) If you have a contingent from your church that would like to walk together, that would be wonderful – bring a sign or a banner identifying your church so everyone can see the wide embrace of ECMN! Or feel free to walk with the whole group as one.

**Pride Worship at St. Mark’s**
**Sunday, June 23rd at 4:00pm**

We will gather at Saint Mark’s to celebrate Pride and break bread together. An appropriate and wonderful way to end the weekend and always a wonderful opportunity to welcome all to the expression of God’s love through our liturgy.

*For more information, click here.*

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**HAITI COMPANIONS**

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**Haiti Companions Fundraiser, Monday July 1st**

Haiti Companions is the non-profit organization which grew out of St. John’s partnership with St. Philippe et St. Jacques in Gressier, Haiti, and the partnership between Christ Church in Atlanta and St Joseph of Arimethea in the same area. Haiti Companions now employs Haitian medical professionals, to provide monthly medical clinics in our partner communities and one more. Here is an invitation to Haiti Companions’ fundraiser at Surly Brewing Company on July 1st. Everyone is welcome!

*For more information, click here.*
Reimagining the Gathering Space

Some of you know that several years ago we moved the Adult Forum from the Sanctuary to the Parish Hall, which has had numerous wonderful benefits. Our new sound system and lighting (thanks to a generous anonymous donor) has made using technology much easier in every respect. We’ve left the sanctuary available for music rehearsal and worship setup during that time. The parish hall space itself naturally works for presentations and group conversations.

However, the using the Parish Hall for Adult Forum also affects our ability to socialize on Sunday mornings. So, we’re considering redecorating/designing the Gathering Space (the hallway outside the Parish Hall) near the coat racks and bulletin boards to allow for some small seating areas and a coffee cart. We’d like to complete this project over the summer months, so that when we return to full programming in the fall, the space will be available in a new and inviting way.

If this project sounds like something you would like to take part in or have comments about, please contact Rachel in the office by June 20th.

Summer Giving

Summer is upon us and it’s easy to fall behind paying a pledge -- since we don't send out monthly statements as reminders. Like your own bills, the church's come due and must be paid monthly.

If you are traveling, or if you just can, please pay ahead on your pledge.
And, if you haven't pledged for 2019, we welcome them at any time! Just contact Rachel.

Financial Statement of Activities - April 2019

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<td>8 &amp; 10am Eucharist</td>
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<td>10:30am Staff Mtg</td>
<td>11:00am Yoga</td>
<td>1:00pm Alive &amp; Aware</td>
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<td>8 &amp; 10am Eucharist</td>
<td>5:45pm Chair Yoga</td>
<td>7:00pm Vestry Mtg</td>
<td>7:30pm Polaris/Alanon</td>
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<tr>
<td>9:00am Book</td>
<td>Discussion Group</td>
<td>11:00am Coffee Hr</td>
<td>7:00pm Cont. Prayer</td>
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<td><strong>23</strong></td>
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<td>10:30am Staff Mtg</td>
<td>11:00am Yoga</td>
<td>1:00pm Alive &amp; Aware</td>
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<tr>
<td>8 &amp; 10am Eucharist</td>
<td>6:30pm Finance Mtg</td>
<td>7:00pm Cont. Prayer</td>
<td>7:00pm LaLa Creamery Ice Cream</td>
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<td>11:00am Coffee Hr</td>
<td>7:30pm Polaris/Alanon</td>
<td>7:00pm Cont. Prayer</td>
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<tr>
<td>St. John the Baptist Feast Day</td>
<td>8 &amp; 10am Eucharist</td>
<td>9:00am Book</td>
<td>Discussion Group</td>
<td>11:00am Potluck</td>
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<tr>
<td>SUNDAY</td>
<td>MONDAY</td>
<td>TUESDAY</td>
<td>WEDNESDAY</td>
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<tr>
<td>9:00am Clarinet Academy</td>
<td>9:00am Clarinet Academy 10:30am Staff Mtg 7:30pm Polaris/Alanon</td>
<td>9:00am Clarinet Academy 11:00am Yoga</td>
<td>Independence Day Office closed 1:00pm Alive &amp; Aware</td>
<td>9:00am Clarinet Academy</td>
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<td>8:30am Afford. Housing workday</td>
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<td>8 &amp; 10am Eucharist 9:00am Book Discussion Group 11:00am Coffee Hr 7:00pm Cont. Prayer</td>
<td>10:30am Staff Mtg 7:30pm Polaris/Alanon</td>
<td>11:00am Yoga</td>
<td>1:00pm Alive &amp; Aware 7:00pm Sonny's Cafe Ice Cream</td>
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<td>8 &amp; 10am Eucharist 9:00am Book Discussion Group 11:00am Coffee Hr 1:30pm FNK 7:00pm Cont. Prayer</td>
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<td>10:30am Staff Mtg 7:30pm Polaris/Alanon</td>
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<td>8 &amp; 10am Eucharist 9:00am Book Discussion Group 11:00am Coffee Hr 7:00pm Cont. Prayer</td>
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<td>10:30am Staff Mtg 7:30pm Polaris/Alanon</td>
<td>11:00am Yoga</td>
<td>1:00pm Alive &amp; Aware 7:00pm Sweet Science Ice Cream</td>
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<td>10:30am Staff Mtg 7:30pm Polaris/Alanon</td>
<td>11:00am Yoga</td>
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