**Safe Church** online guidelines:

- Similar to in-person, for Zoom maintain two unrelated Safe church Trained adults (over age 25 with the other at least 20 or two years older than oldest participant on Zoom). Parents, also please help by monitoring from home.

- Texting, phone calls and emails 1:1 with youth regarding ministry information during reasonable hours from 8am-8pm (meeting reminders, sending links) is permitted. Any conversations on zoom, texts or phone calls with youth in group or solo settings that end up having pastoral care moments need to be reported back to parents / supervisor (i.e. your child is reaching out for help about xx situation, is that okay with you for me to proceed discussing this with them?).

- For mental health, we ask Zoom participants to switch off “self-cam” so they are not looking at themselves throughout the call, since we don’t usually sit in front of a mirror when doing in-person group events.

**Pandemic** outdoor guidelines for gathering in person:

Our guidelines are based on the guidelines and recommendations of several others who are doing this well: [COVID-19 outdoor precautions from Camp Agape](#), expanded recommendations for outdoor events that we follow are the CDC recommendations for youth and staff at camps and day camps, and the [ECMN's recommendations](#). The basics are:

**Arrival:**

- Sign off on self-check list being symptom-free. Form will be used for contact tracing if needed. If you answer “yes” to any of these questions, do not attend this gathering.
  - Do you have a fever or above-normal temperature?
  - Have you had a fever or above-normal temperature in the past three days?
  - Have you recently experienced shortness of breath or had any trouble breathing?
  - Do you have a dry cough?
  - Do you have a runny nose?
  - Do you have a sore throat?
  - Have you recently had a reduction in or lost your sense of smell?
  - Have you been in contact with anyone who has tested positive for COVID-19 in the past 3 weeks?
  - Have you tested positive for COVID-19?
  - Have you been tested for COVID-19 and are awaiting results?
  - Have you traveled by air or cruise ship in the past 14 days?

- Have temperature taken, or take temperature before leaving home for us to record.

- If bad weather, event is cancelled.

**Masks & Social Distancing:**

- Wear a well-fitting mask over mouth and nose the entire time we are together. Avoid touching your mask and face.

- Family units maintain 6+ feet apart from others. Greet by waving instead of handshakes, high-fives or hugs.

**Cleaning:**

- Avoid sharing items or disinfect each item between use.

- Frequently wash hands with soap and water for 20 seconds. If outdoors, use hand sanitizer.

- Bring your own camp chair, beach blanket, etc. for seating.