St. John's Episcopal Church

4201 Sheridan Avenue South
Minneapolis, MN 55410

Praying Hands, Freestanding metal sculpture at Oral Roberts University

Ash Wednesday

Noon & 7pm, February 22, 2023

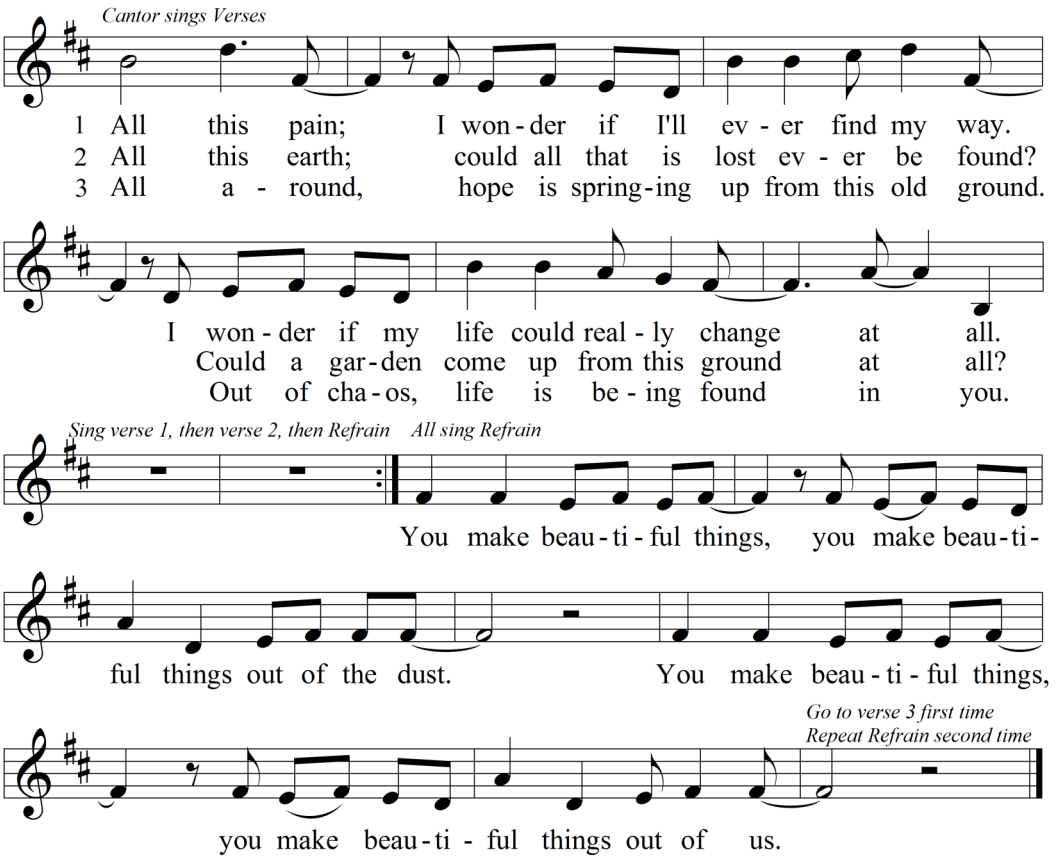
Welcome to All Who Worship Here

We gather together to give thanks for the grace which is ours in Jesus Christ. In the name of Christ, welcome. All that you need to participate fully is found in this bulletin. Children are welcomed in our worship services at St. John's.

Prelude *Adoration* Florence B. Price (1887-1953)

Gathering Hymn

Beautiful things



Text: Michael Gungor (b. 1980), and Lisa Gungor (b. 1982)
Music: *Beautiful Things*, Michael Gungor and Lisa Gungor
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LITURGY OF THE WORD

Opening Acclamation and Collect of the Day

Presider Bless the Lord who forgives all our sins.
People **God's mercy endures forever. Amen.**
Presider The Lord be with you.
People **And also with you.**
Presider Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lesson

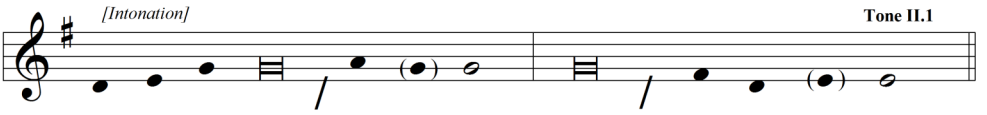
Isaiah 58:3-12

"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader The Word of the Lord.
People **Thanks be to God.**

The Response

sung by all

Psalm 103:8-14

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You are full of compassion and / mercy, *
slow to anger and of / great kindness.

You will not always ac/cuse us, *
nor will you keep your anger / for ever.

You have not dealt with us according to our / sins, *
nor rewarded us according to / our wickedness.

For as the heavens are high a/bove the earth, *
so is your mercy great upon those / who fear you.

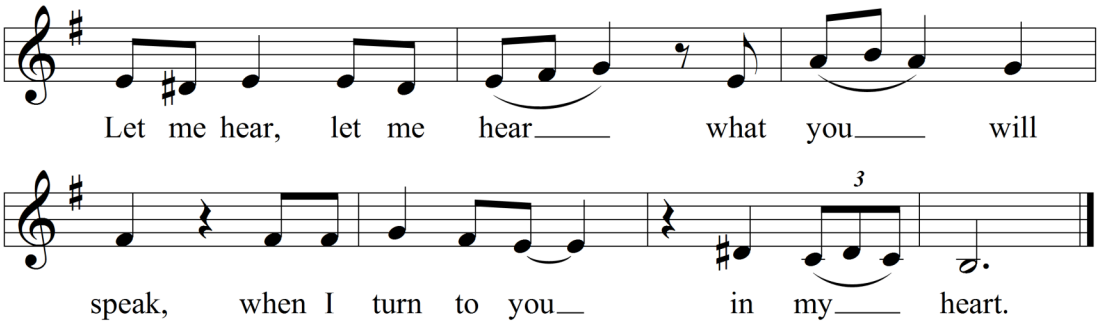
As far as the east is from the / west, *
so far have you removed / our sins from us.

As a parent cares for a / child, *
so do you care for those / who fear you.

For you yourself know whereof / we are made; *
you remember that / we are but dust.

Lenten Acclamation

Let me hear



Text: Psalm 85:8
Music: Linda Larkin, arr. Fran McKendree (1947-2021)
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The Gospel

Matthew 6:1-6, 16-21

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ**.

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Deacon This is the Gospel of Christ.
People **Praise to you, Lord Christ.**

Homily

Lisa Wiens Heinsohn

An extended period of meditation is kept.

Invitation to the Observance of a Holy Lent BCP 264

Presider Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

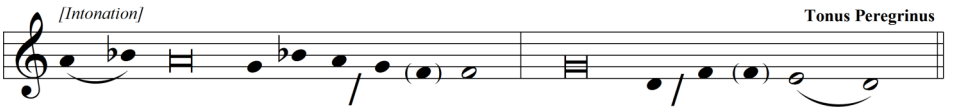
I invite you, therefore, in the name of the Church, to the Observance of a Holy Lent, by self -examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling or standing.

Imposition of Ashes BCP 265

Presider Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

You are welcome to come forward to be marked with ashes on your forehead.

Psalm 51:1-3, 7-13, 16-18

Music: Tonus Peregrinus. Public domain; The Saint Helena Psalter, © Church Publishing, Inc . Reprinted under ONE LICENSE #A-704070

Have mercy upon me, O God, according to your loving-/kindness; *
in your great compassion blot out my / offenses.

Wash me through and through from my / wickedness, *
and cleanse / me from my sin.

For I know my trans/gressions, *
and my sin is ever / before me.

For behold, you look for truth deep with/in me, *
and will make me understand wis/dom secretly.

Purge me from my sin, and I shall be / pure; *
wash me, and I shall / be clean indeed.

Make me hear of joy and / gladness, *
that the body you have bro/ken may rejoice.

Hide your face from my / sins, *
and blot out all my in/iquities.

Create in me a clean / heart, O God, *
and renew a right spirit / within me.

Cast me not away from your / presence *
and take not your holy Spi/rit from me.

Give me the joy of your saving / help again *
and sustain me with your bounti/ful Spirit.

Open my / lips, O God, *
and my mouth shall / proclaim your praise.

Had you desired it, I would have offered / sacrifice, *
but you take no delight in / burnt-offerings.

The sacrifice of God is a troubled / spirit; *
a broken and contrite heart, O God, you / will not despise.

Silence is kept.

Litany of Penitence BCP 267

People **Most holy and merciful Creator: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned in thought, word, and deed; by what we have done, and by what we have left undone.**

Presider We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

People **Have mercy on us, Lord.**

Presider We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

People **Have mercy on us, Lord.**

Presider We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

People **We confess to you, Lord.**

Presider Our self-indulgent appetites and ways, and our exploitation of other people,

People **We confess to you, Lord.**

Presider Our anger at our own frustration, and our envy of those more fortunate than ourselves,

People **We confess to you, Lord.**

Presider Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

People **We confess to you, Lord.**

Presider Our negligence in prayer and worship, and our failure to commend the faith that is in us,

People **We confess to you, Lord.**

Presider Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

People **Accept our repentance, Lord.**

Presider For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

People **Accept our repentance, Lord.**

Presider For our waste and pollution of your creation, and our lack of concern for those who come after us,

People **Accept our repentance, Lord.**

Presider Restore us to your goodness, O Lord,

People **Favorably hear us, for your mercy is great.**

Presider Accomplish in us the work of your salvation,

People **That we may show forth your glory in the world.**

Presider By the cross and passion of your Son our Lord,

People **Bring us with all your saints to the joy of his resurrection.**

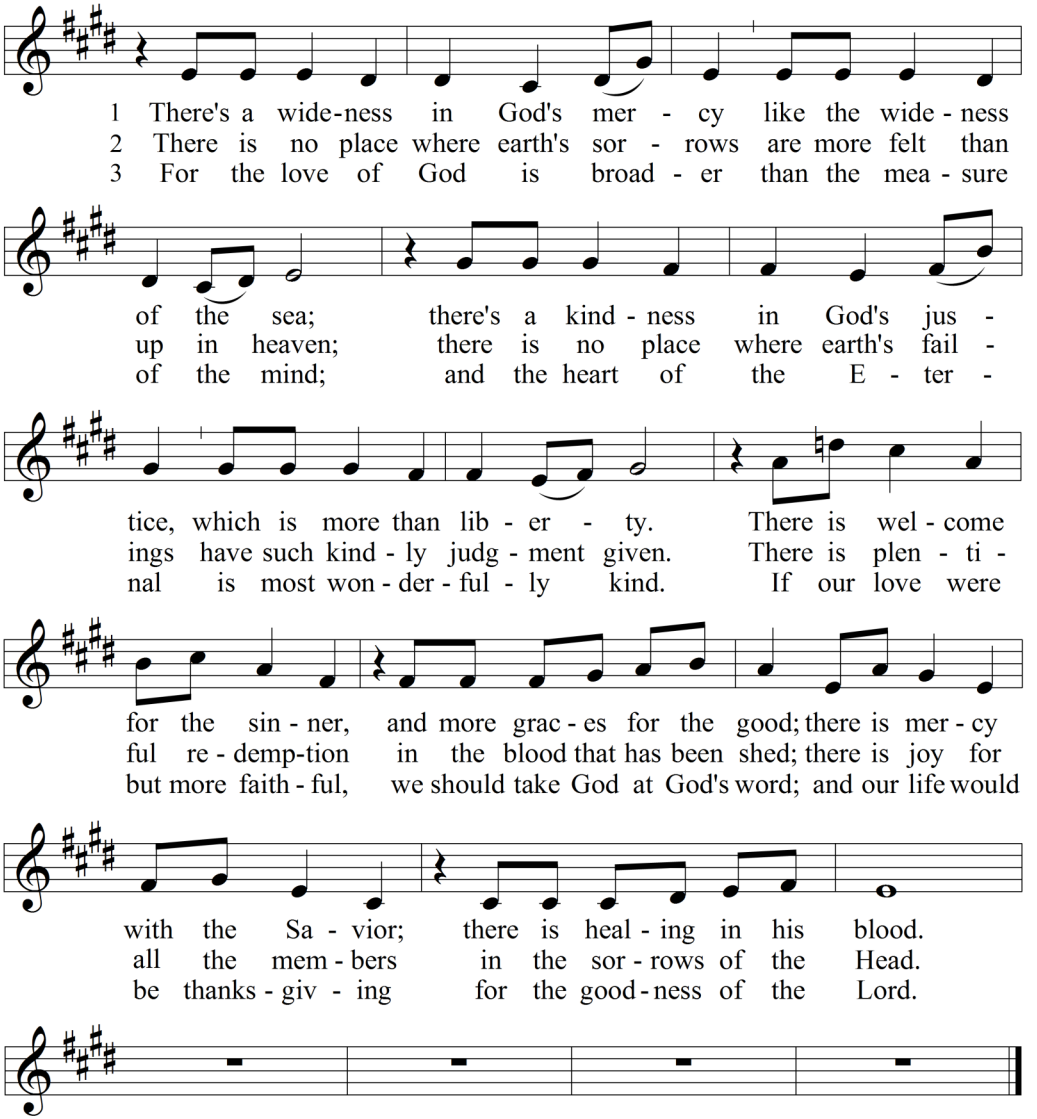
Presider Almighty God, the Father* of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to God's ministers to declare and pronounce to the people, being penitent, the absolution and remission of their sins. God pardons and absolves all those who truly repent, and with sincere hearts believe the holy Gospel.

Therefore we beseech God to grant us true repentance and the Holy Spirit, that those things may please God which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to God's eternal joy; through Jesus Christ our Lord. **Amen.**

Peace

Presider The peace of God be always with you.
People **And also with you**.

Please greet those around you.

Sending Hymn There's a wideness in God's mercy

Text: Frederick William Faber (1814-1863), alt.
Music: *St. Helena*, Calvin Hampton (1938-1984)
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Postlude *Air* from Suite No. 1 for Organ Florence B. Price (1887-1953)

*The Bible uses predominantly male language to describe God, but also uses female and gender-neutral images of God such as "mother hen," "nursing mother," "potter," "consuming fire," "spring of water," and many others. The Episcopal Church recognizes "that God includes and transcends human masculinity and femininity. God is neither male nor female. Both women and men are equally loved and included by God and should be valued and shown respect in the church's language." (See https://www.episcopalchurch.org/glossary/inclusive-language/). We believe this includes all those whose gender is non-binary or transcends traditional categorization. St. John's affirms all genders as equally reflecting the image of God.

PARTICIPANTS

PREACHER/PRESIDER

Lisa Wiens Heinsohn

DEACON

Rex McKee

LAY EUCHARISTIC MINISTERS

Lois Neve (Noon, 7pm)
Mary Corlett (7pm)

LECTORS

Mike Walters (Noon)
Michael Morrow (7pm)

MUSICIAN

Chad Smith

ABOUT THE COVER ARTWORK

Praying Hands,
from *Art in the Christian Tradition*, a project of the Vanderbilt Divinity Library, Nashville, TN.

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ST JOHN'S EPISCOPAL CHURCH

Find us at: www.stjohns-mpls.org

St. John's Mission Statement

We celebrate the gift of Christian community and welcome all, without distinction,
to share the joy and pain of life's passages.
We commit ourselves to personal and spiritual maturity,
both traditional and innovative worship,
the healthy nurturing of children,
and reaching out beyond the Church,
seeking Christ in all persons.

ST JOHN'S EPISCOPAL CHURCH 4201 Sheridan Ave So Mpls, MN 55410
email: info@stjohns-mpls.org phone: 612-922-0396

MINISTERS	All the Members of St. John's
RECTOR	The Rev. Lisa Wiens Heinsohn
PRIEST ASSOCIATES	The Rev. Dr. Heidi Joos
	The Rev. John Bellaimey
DEACON	The Rev. Rex McKee
DIACONAL INTERN	Colleen Connolly Swope
SENIOR WARDEN	Laura Meister
JUNIOR WARDEN	Doug Mensing
MINISTER OF CHILDREN, YOUTH, & FAMILIES	Heather Miller
MINISTER OF MUSIC	Chad Smith
CHILDREN'S CHOIR DIRECTOR	Wendy Smith
PARISH ADMINISTRATOR	Rachel Svihel
OFFICE ASSISTANT	Angie Goetzke
BULLETIN MAKER	Jenny Lindberg
BUILDING CARETAKER	John McKee